

CHRONIC OBSTRUCTIVE PULMONARY DISEASES (COPD)

Target group: Physiotherapists

On completion of the course you will be able to:

- Assess and treat COPD patients

Content:

Physiotherapy method

Diagnostic Process

- History
- Clinical assessment
- Measurement tools
- Analysis
- Treatment plan

Therapeutic process

- Physical training – respiratory rehabilitation
- Improvement of the inspiratory capacity
- Treatment possibilities for mucus clearance
- Self management
- Patient education
- Multi-disciplinary approach
- Nutrition

Schedule:

Total duration	1 week
Number of participants	24 (maximum)

Literature:

KNGF guidelines COPD